The following instructions represent additional resources for continued study of the topics covered in our “Household Science for Preschool” online class. All materials are the property of Balch Nature School Director Carolyn Guest and Assistant Director Libre Drouin who created them.

**I’m a little rhizome**  
By Libre Drouin

I’m a little rhizome  
Under the ground  
My sprouts grow up  
And my roots grow down  
Watch me grow into a plant,  
Either pushing through the soil  
Or my seeds by an ant.

**Five little violets**  
(Author unknown)  
Five little violets growing by the door,  
A bunny ate one and then there were four.

Four little violets smiling at me,  
I picked one and then there were three.

Three little violets purple and blue  
Give one to a friend and then there are two.

Two little violets grow in the sun,  
Pick one for jelly and then there is one.

One little violet grows all summer.  
Making seeds to start another!
Little Seed
*(Author unknown)* (Tune: I’m a little teapot)

I’m a little seed
in the dark, dark ground.
Out comes the warm sun,
yellow and round.
Down comes the rain,
 wet and slow.
Up comes the little seed,
grow, grow, grow!

This Is My Garden
*(Traditional poem)*

This is my garden
(Hold hand palm upward)

I’ll rake with care.
(Use fingers to rake)

Seeds in a row
Seeds in a row,
How do they grow?
Roots grow down
Stems grown up
Leaves sprout,
Flowers come out.