Growing from a tuber, plant stem or root vegetable project part 1

**Materials:** potatoes starting to sprout, carrots, celery bottoms, beet tops etc.
Recycled containers, paper towel, water and knife for grownups

Here are three examples for your inspiration:

**Potato:**

1. Find the potato “eyes

![Image of potatoes with eyes highlighted]

2. Cut the potato in pieces leaving at least 2 eyes on each section

![Image of cut potato]

3. Let the cut section set over night to “cure”

![Image of cured potato]
4. Next set the sections into a shallow container and cover with water
5. Watch for roots and leaves to form. This can be transplanted into soil
6. Read about this on the web

**Carrots:**

1. Cut a 1-2 inch section of the top of a carrot
2. Set them in a shallow dish with a piece of wet paper towel
3. You will grow new carrot tops, look for ways to use the greens

**Sweet Potato:** Just for fun you can also cut the top off a sweet potato, put toothpick in and set it on top of a small jar of water

Gather all your Tops & Bottoms and made sure they were watered

Create a little "greenhouse" re-using a salad tub & a clear plastic bag to ensure the plants stayed warm & moist
Children’s books that follow this topic:

Up in the Garden and Down in the Dirt by Kate Messner
Exploring Seeds (Let’s look at Plants) by Kristin Sterling
Planting a Rainbow by Lois Ehlert
Growing Vegetable Soup by Lois Ehlert
Weeds Find a Way by Cindy Jenson-Elliott
From Seed to Plant by Gail Gibbons
How things Grow, My first book about, Usborne press
A Seed Is Sleepy by Dianna Hutts Aston
The Dandelion Seed by Joseph Anthony
In a Nutshell by Joseph Anthony
The Bad Seed by Joey John
Planting the Wild Garden by Kathryn O. Galbraith
Tops and Bottoms by Janet Stevens